

Recommended Resources on Palestine

Essential Organizations and Resources:

Amnesty International Report; <https://www.amnesty.org/en/latest/news/2024/12/amnesty-international-concludes-israel-is-committing-genocide-against-palestinians-in-gaza/>

Human Rights Watch (HRW)

Website: <https://www.hrw.org>

A comprehensive resource for challenging anti-Palestinian racism:

<https://antipalestinianracism.org>

<https://tinyurl.com/paliantiracism>

White Awake - Palestine Groups - <https://whiteawake.org/waking-up-to-race/>

Buddhist Peace Fellowship list of dharma talks - <https://www.bpf.org/>

Gabor Mate interview: <https://www.aljazeera.com/program/the-stream/2024/8/6/dr-gabor-mate-and-daniel-mate-on-genocide-in-qaza>

Article on going beyond the idea of inclusivity and beyond the idea of empowerment.

<https://beyondinclusionbeyondempowerment.com/wp-content/uploads/2019/12/nieto-articles-un-derstanding-oppression-2006.pdf>

Podcasts on Palestine:

Let's Talk Palestine Podcast: <https://letstalkpalestine.com>

S.A.N.D: <https://scienceandnonduality.com/podcast/>

Novara Media: <https://novaramedia.com/>

Essential media:

Electronic Intifada: <https://electronicintifada.net>

Mondoweiss: <https://mondoweiss.net>

Middle East Eye: <https://middleeasteye.net>

Palestine Chronicle: <https://www.palestinechronicle.com>

Jadaliyya: <https://jadaliyya.com/>

Addameer: <https://addameer.org>

Al-Haq: <https://www.alhaq.org>

Decolonize Palestine: <https://decolonizepalestine.com/>

Black Agenda Report: <https://blackagendareport.com>

<https://blackagendareport.org> (old site)

Grayzone: <https://thegrayzone.com>

Breakthrough News: [https://www.youtube.com/@Break ThroughNews/streams](https://www.youtube.com/@BreakThroughNews/streams)

The Canary: <https://www.thecanary.co>

Democracy Now!: <https://www.democracynow.org/>

Truth Out: <https://truthout.org/>

Mint Press News: <https://www.mintpressnews.com>

Al Jazeera: <https://www.aljazeera.com/>

Palestine Studies: <https://www.palestine-studies.org>

Essential Books on Palestine & Israeli Politics:

1. Edward Said
 - *The Question of Palestine* (1979)
 - *The Politics of Dispossession* (1994)
 - *The End of the Peace Process* (2000)
2. Israel Shahak
 - *Jewish History, Jewish Religion: The Weight of Three Thousand Years* (1994)
3. Ilan Pappé
 - *The Ethnic Cleansing of Palestine* (1996)
 - *Ten Myths about Israel* (2017)
 - *Lobbying for Zionism on Both Sides of the Atlantic* (2024)
4. Rashid Khalidi

- *The Hundred Years' War on Palestine: A History of Settler Colonialism and Resistance, 1917–2017* (2020)
- 5. Noam Chomsky
 - *Gaza in Crisis* (2010)
- 6. Pankaj Mishra
 - *The World After Gaza* (2025)
- 7. Rebecca Ruth Gould
 - *Erasing Palestine: Free Speech and Palestinian Freedom* (2023)
- 8. Norman Finkelstein
 - *Gaza, an Inquest into its Martyrdom* (2021)
 - *The Holocaust Industry* (2000)
- 9. Nathan Thrall
 - *A Day in the Life of Abed Salama* (2023)
- 10. Ghada Karmi
 - *Return: A Palestinian Memoir* (2015)
- 11. Raja Shehadeh
 - *Palestinian Walks: Notes on a Vanishing Landscape* (2008)
- 12. David Sheen
 - *Kahanism and American Politics: The Rise of the Christian Zionist Movement and Its Impact on US Foreign Policy* (2024)

Poetry & Writings by Mahmoud Darwish:

13. Mahmoud Darwish (Poetry & Prose)
A selection of his essential works, which include both his poetry and prose:
 - *Memory for Forgetfulness* (1990)
 - *The Palestinian Trilogy* (comprising *The Butterfly's Burden*, *Mural*, and *State of Siege*)
 - *Unfortunately, It Was Paradise* (2003)
 - *A River Dies of Thirst* (2009)
 - *The Whisper of the Swan* (2011)
 - *The Poet's Letters* (2018)
 - *In the Presence of Absence* (2006)
 - *Mural* (2000) — His famous poem about life, death, and exile.

Essential Texts on Palestinian Resistance & Political Theory:

14. *Abolitionist Primer*
A crucial text examining the intersections of anti-colonial struggles, Palestinian liberation, and abolitionism. It challenges traditional political structures and presents a vision for a just world through the lens of abolition.
15. *Perfect Victims: The Realities of Palestinian Life under Occupation* (2021)
A deeply personal narrative blending memoir, history, and politics, *Perfect Victims* uncovers the ways Palestinians have been depicted as victims by global narratives while critiquing the inhumane realities of occupation and resistance.
16. *Light in Gaza*
A poetic and journalistic exploration of Gaza through the eyes of journalists, poets, and activists, offering new perspectives on life under siege.
17. *A Palestine Socialist Introduction*
A text that discusses socialist perspectives on Palestinian liberation, outlining the ways in which Palestinian nationalism intersects with socialist politics, and the role of class struggle in the Palestinian context.
18. *The Invention of the Jewish People* by Shlomo Sand
A radical historical critique that challenges the myth of the "Jewish people" as a single, coherent group and examines the role of Zionism in creating the modern identity of the Jewish nation-state.
19. *The Nakba: The Palestinian Catastrophe 1948* by Nur Masalha
A powerful historical account of the 1948 Nakba, which was the mass displacement of Palestinians during the creation of the State of Israel.

Palestinian Novels:

20. *Season of Migration to the North* by Tayeb Salih
Though not specifically Palestinian, this Sudanese novel has a profound resonance in terms of post-colonial struggle, exile, and the Palestinian experience within broader Arab identity.

21. *The Palestinian Novel: A Critical Introduction* by Baruch Kimmerling
This book explores the key works of Palestinian fiction, offering insights into the ways the Palestinian narrative has been captured in novels over the decades.
22. *The Land of the Dispossessed* by Ahdaf Soueif
This collection of stories is critical for understanding the Palestinian exile experience and how it shapes both contemporary politics and identity. Ahdaf Soueif's reflections are poignant and beautifully written.
23. *The Blue Between Sky and Water* by Susan Abulhawa
A powerful family saga that spans multiple generations of Palestinians. The novel explores love, loss, and resilience under occupation.
24. *Salt of the Sea* by Amin Maalouf
A novel about a Palestinian woman's journey to reclaim her family's land, offering a personal lens into the historical displacements of the Nakba.
25. *The Olive Grove* by Nayrouz Qarmouta
This work delves into the impact of the Israeli-Palestinian conflict on personal and familial identity, blending fiction with the pain of dislocation.
26. *Men in the Sun* by Ghassan Kanafani
This seminal Palestinian novel tells the tragic story of three Palestinian men who attempt to cross the border into Kuwait in search of work, only to meet a tragic fate. Kanafani's work is a powerful commentary on exile, the loss of homeland, and the quest for dignity.
27. *The Secret Life of Saeed* by Emile Habiby
A satirical novel that critiques the absurdity of life under Israeli occupation. Habiby's protagonist Saeed navigates a world of absurdities, oppression, and elusive identity, portraying the darker humor in Palestinian resilience.
28. *Zaat* by Sonallah Ibrahim
This novel provides a unique insight into the struggles and survival of Palestinians in Egypt, reflecting a broader Arab experience of oppression and war.

Other Essential Texts:

29. *The Gaza Strip: The Political Economy of De-Development* by Sara Roy
An in-depth analysis of how Israeli policies have impacted Gaza's economy, this book provides a framework for understanding the socio-economic challenges faced by Gaza's residents.
30. *A History of Modern Palestine: One Land, Two Peoples* by Ilan Pappé
This historical account offers a comprehensive overview of the Israeli-Palestinian conflict, exploring the narratives and identities that have shaped both peoples.
31. *The 20th Century: A Palestinian Perspective* by Hani Furani
Furani's work is an indispensable addition to understanding the complexities of Palestinian national identity within the context of colonialism and Zionism.

ACTIONS – Solidarity organisations:

1. SUMUD SCHOOL

A fundraising project, helping to establish a tent school for children in the devastated Deirel-Balah region of Gaza:-
<https://westwalesfriendsofpalestine.wordpress.com/news/>

2) AMOS TRUST

Supporting the establishing of networks for therapeutic and counselling support for people in Gaza and the West Bank:- <https://www.amostrust.org/blog/therapeutic-support-in-gaza/>

3) WORKERS IN PALESTINE A labour organising and trade union network focussing in particular with arms factoryworkers in the UK:- <https://www.workersinpalestine.org>

4) YOUTH VISION SOCIETY

An amazing youth led,for youth project led by palestinian organisers and educators in social, psychological and educational fields and community leadership throughout the occupied territories:- <https://yvs.ps/ar/about-us-ar/>

5) ONE NATION UK Since the US/UK invasion of Iraq, this muslim-led organisation have organised musical events and fundraiser gigs, to provide healthy food, in this instance for people in Gaza
<https://onenationuk.org/gazaemergency>

7) MEDICAL AID FORPALESTINE (MAP)

Providing medical support during the bombardments of Gaza and throughout the occupied territories:-
<https://www.map.org.uk>

8) PALESTINE REFUGEE PROJECT-Provides support and education for displaced palestinians living in refugee camps in Lebanon:- www.palestinerefugeeproject.org

9) WORKERS FOR A FREE PALESTINE:- One of the trade union collectives working together on direct action preventing the flow of arms from UK factories to Israel:- <https://workersforfreepalestine.com>

10) PALESTINE ACTION- Search for [Palestine](http://palestineaction.org) action dot org

11) INTERNATIONAL SOLIDARITY MOVEMENT-Offering support and international solidarity through residential visits to the West Bank, helping with the olive harvest and principally offering witness support and legal representation during Zionist settler violence and dispossession.

Recommended coverage of settler violence in the West Bank in recent years, they shared much of their emphasis on framing and reporting at workshops in the UK this summer <https://palsolidarity.org>

12) GO FUND ME etc: Various fundraisers focussed on raising funds for individual families and people who folks have gotten to know in Palestine over the years:- <https://gogetfunding.com/connecting-with-gaza/>
<https://www.gofundme.com/f/help-mohammed-and-lailas-family-in-gaza>

13) BDS; BOYCOTT, DIVEST, SANCTION MOVEMENT Developing local apartheid-free zones' and raising awareness of the call from Palestinian civil society to prevent the flow of international profit-making towards Israeli apartheid and genocide:- <https://bdsmovement.net>

14) PALESTINE SOLIDARITY CAMPAIGN

UK-based, focused on divestment in banking, organizers of the huge and memorable mass protests and educational campaigns. [Website: Palestine Campaign](http://www.palestinesolidarity.org)

FILMS:

Some of these films are free to watch. Some you may then need to search where to rent or buy them.

Where Olive Trees Weep

Directors: Zaya and Maurizio Benazzo, of Science and Non-Duality, 2022)

A powerful and beautiful insight into the struggles and resilience of the Palestinian people under Israeli occupation in the West Bank. It explores themes of loss, trauma, and the quest for justice. Featuring Palestinian journalist Ashira Darwish, Israeli journalist Amira Hass, trauma guru Gabor Maté, and activist Ahed Tamimi.

There is a wealth of additional material and resources available when you register to watch the film at this link.

The Night Won't End; Biden's War on Gaza

An Al Jazeera 'Fault Lines' investigative documentary on the current genocide in Gaza, following three families as they struggle for survival. This documentary is an unbelievably courageous accomplishment, with the Palestinian journalists who partnered with the Fault Lines team enduring the same horrendous conditions of life as the families whose stories they were telling.

Open Bethlehem (Leila Sansour, 2013)

Armed with a camera and a family car that keeps breaking down, Sansour sets out to create an intimate chronicle of her hometown Bethlehem—a historical town in peril.

Flying Paper (Nitin Sawhney and Roger Glenn Hill, 2014)

The uplifting story of resilient Palestinian youth in the Gaza Strip on a quest to shatter the Guinness World Record for the most kites ever flown.

Jenin Jenin (Mohammed Bakri, 2002)

A devastating documentary on the massacre in Jenin by Israeli occupation forces in March 2002, by master Palestinian filmmaker Mohammed Bakri.

Jerusalem - The East Side Story (Mohammed Alatar, 2008)

The film documents Palestinian everyday life under Israeli occupation in East Jerusalem. It uncovers Israel's policy of "Judaizing" the city.

The Voice of Hind Rajab (2019)

Directed by Hind Rajab, this film portrays the emotional and political journey of a Palestinian woman activist. Through her powerful voice, the film sheds light on the deep-rooted struggles of Palestinian women living under

occupation, exploring themes of resistance, resilience, and identity.

5 Broken Cameras (Emad Burnat & Guy Davidi, 2011)

This critically acclaimed documentary chronicles the life of a Palestinian farmer, Emad Burnat, who uses cameras to document the resistance to Israeli occupation in his village of Bill'in. The film explores themes of nonviolent resistance, personal loss, and the harsh realities of occupation.

The Wanted 18 (Amer Shomali & Paul Cowan, 2014)

This animated documentary tells the true story of a group of Palestinian villagers in the West Bank who, in 1988, sought to create their own dairy cooperative to boycott Israeli milk. The film combines animation and interviews to explore themes of community, resistance, and the absurdity of occupation.

The Time That Remains (Elia Suleiman, 2009)

This semi-autobiographical film by Elia Suleiman reflects on the life of Palestinians living under Israeli occupation from the 1948 Nakba (catastrophe) to the present. The film combines dark humor and absurdist elements to portray the surreal aspects of Palestinian life.

Omar (Hany Abu-Assad, 2013)

A tense thriller about a young Palestinian man, Omar, who is caught between his love for a woman and his role as a resistance fighter against Israeli occupation. The film explores themes of betrayal, loyalty, and the moral complexities of life under occupation.

Salt of This Sea (Annemarie Jacir, 2008)

This film tells the story of a Palestinian-American woman, Soraya, who returns to her homeland to reclaim the family property taken by Israel. It explores themes of displacement, identity, and the personal search for belonging, offering a poignant look at the lives of Palestinian exiles.

The Idol (Hany Abu-Assad, 2015)

A biographical film about Mohammad Assaf, a young Palestinian singer from Gaza who became a symbol of hope for Palestinians after winning *Arab Idol*. The film tells his rags-to-riches story, highlighting themes of perseverance, dreams, and the power of music in a world torn apart by conflict.

Gaza Surf Club (Philip Gnadet & Mickey Yamine, 2016)

This documentary explores the lives of young Palestinians in Gaza who find freedom and joy in the sport of surfing, despite the constraints of occupation and ongoing conflict. It provides a unique look into the resilience and creativity of Gaza's youth.

Under the Same Sun (Sameh Zoabi, 2017)

A dramatic film that explores the complexities of business and cultural relations between Palestinians and Israelis. The story centers on two businessmen—one Palestinian and one Israeli—who collaborate on a solar energy project. The film delves into issues of identity, politics, and personal relationships in a divided society.

Rashid & Rajab: A Love Story (Maha Hajj, 2017)

This film focuses on a forbidden love affair between two young Palestinians, Rashid and Rajab, from different political backgrounds. The movie explores themes of love, sacrifice, and the heavy toll of occupation on personal relationships.

Aida's Secrets (Alon Schwartz & Michal Weits, 2016)

This documentary explores the life of Aida, a Palestinian woman born in a refugee camp in Lebanon, who embarks on a quest to find her long-lost family. The film unearths the complexities of identity and belonging, drawing on the personal and collective trauma of exile.

In the Last Days of the City (Tamer El Said, 2016)

Set in Cairo, the film follows Khalid, a filmmaker who is grappling with his personal struggles while trying to make a film about the city and its people. Though not directly focused on Palestine, it reflects the broader context of Arab resistance and the shared experiences of struggle and hope in the Arab world, including Palestine.